

The Turtle That Couldn't Keep His Mouth Shut

Story Sticks

Just like Snappy had to hang onto the sticks in the story by keeping his mouth shut, we often need to hang onto strategies to help us control ourselves.

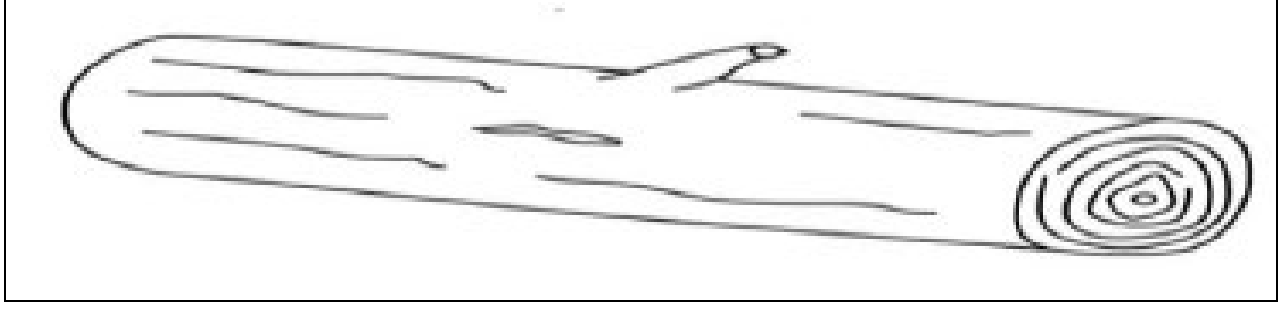
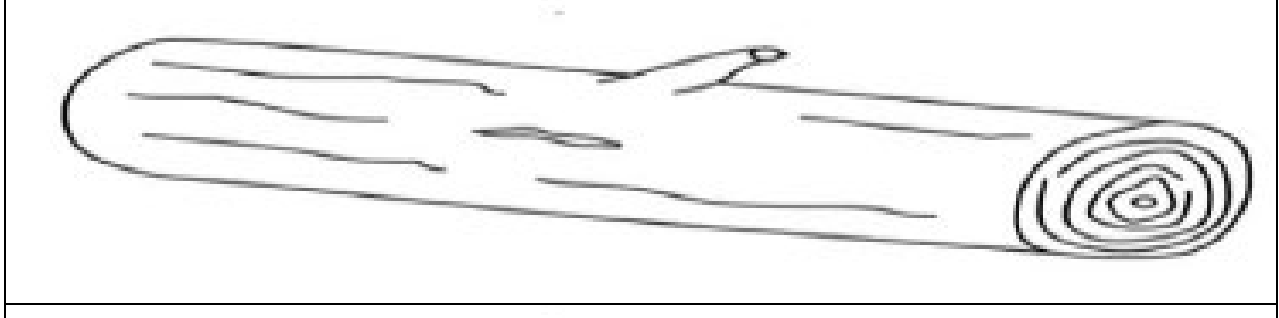
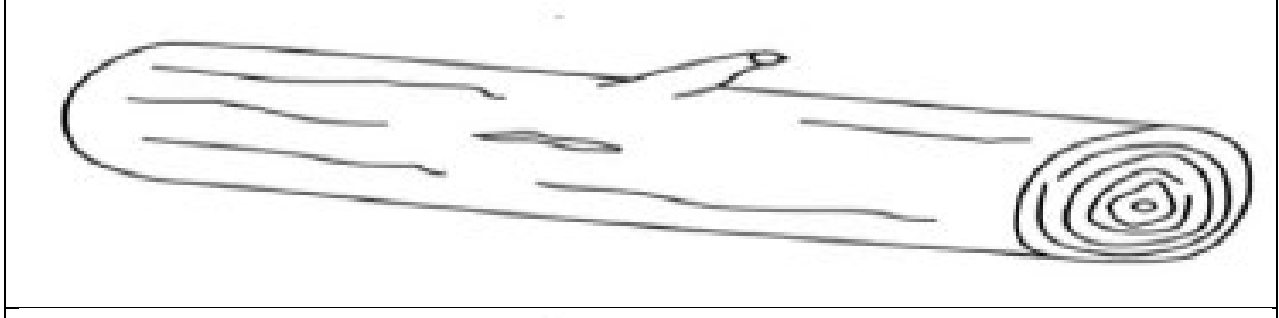
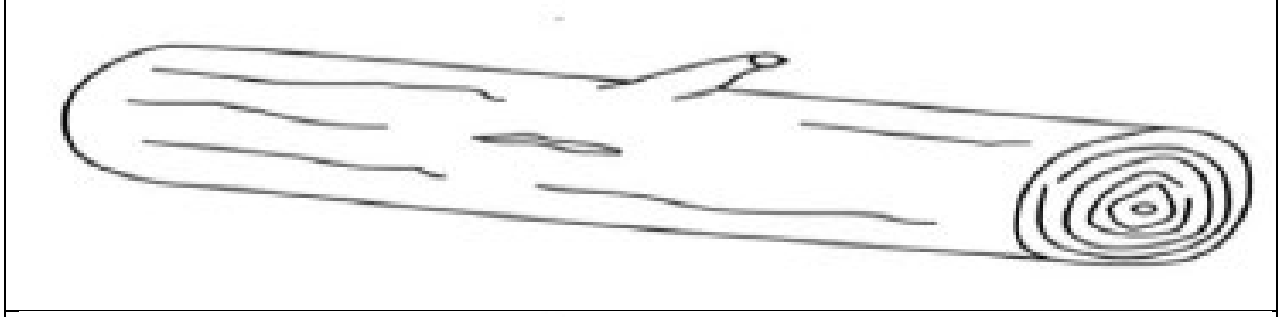
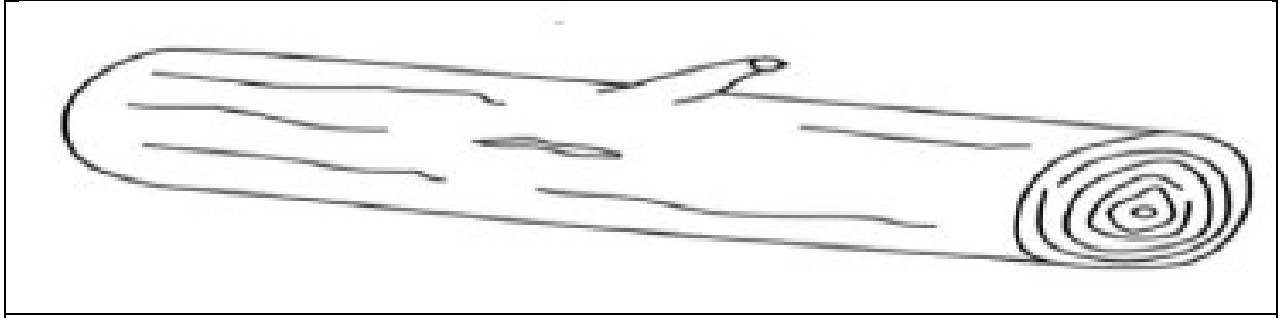
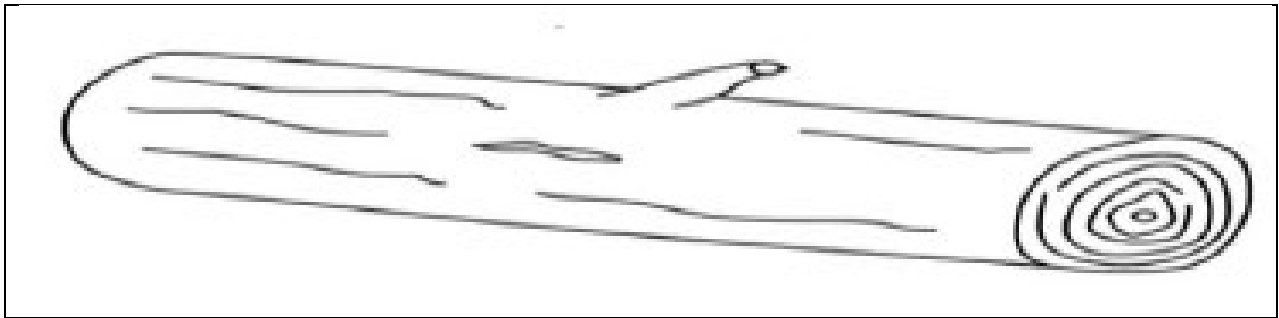
Materials:

- Story Sticks

Procedures:

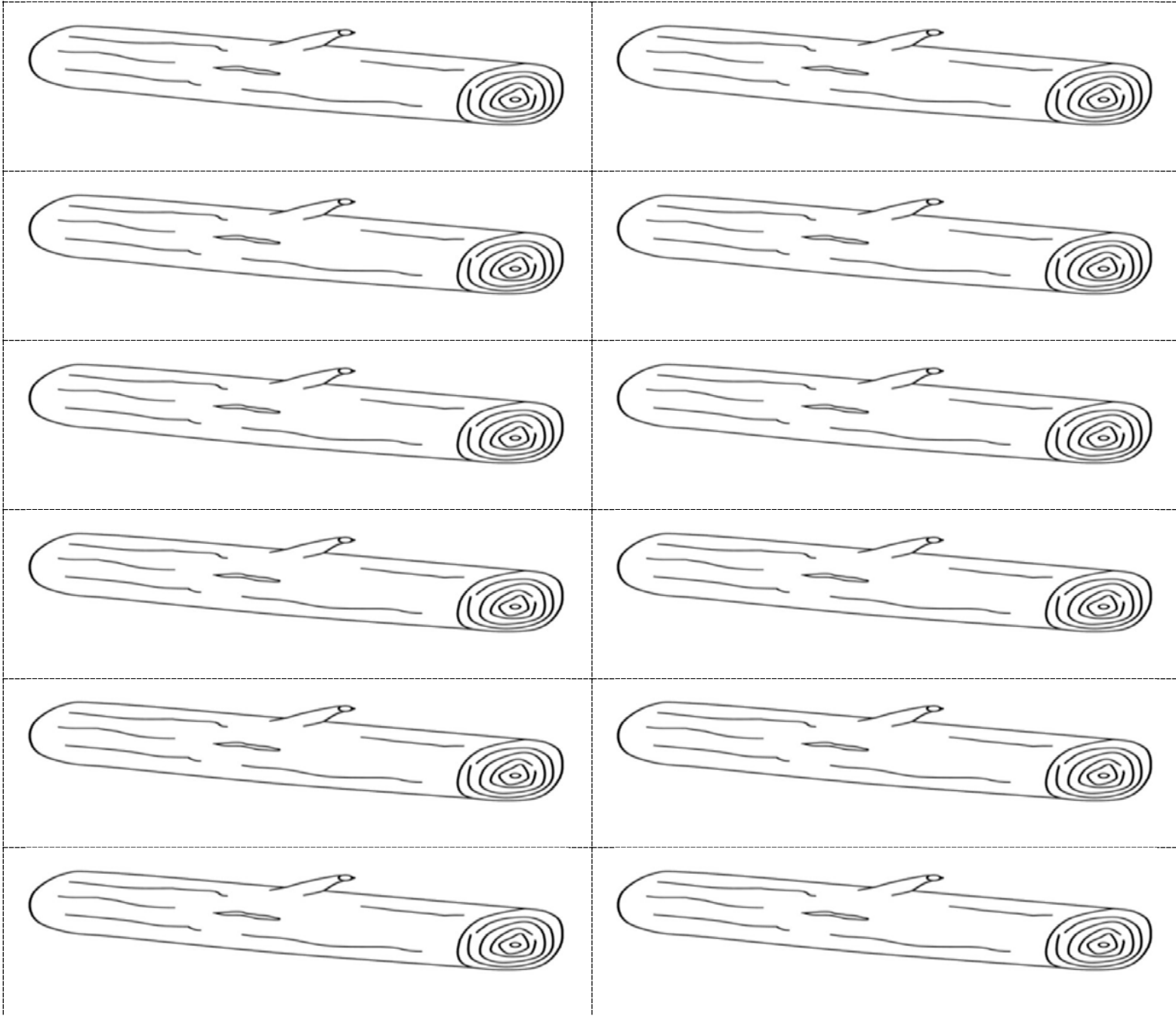
Write some strategies or ideas of things we can do when we feel ourselves losing control on the sticks on this page.

An example would "talking to an adult".



Sticks to use with Snappy.

Write a strategy on a stick, then cut out and place on wall next to your Snappy to help with your self-control.



Everyday examples of "Self-Control Strategies" to write on sticks	Help Stop the Spread of Covid-19 examples of "Self-Control Strategies" to write on sticks
<input type="checkbox"/> Meditative Moments	<input type="checkbox"/> Wash your hands for 20 seconds
<input type="checkbox"/> Mindful Breathing	<input type="checkbox"/> Don't touch your face
<input type="checkbox"/> Count to 3	<input type="checkbox"/> Keep surfaces clean
<input type="checkbox"/> Close your eyes	<input type="checkbox"/> Wear a mask if you go out
<input type="checkbox"/> Talk to an adult or friend	<input type="checkbox"/> Stay home
<input type="checkbox"/> Sit on your hands	<input type="checkbox"/> Cover your cough or sneeze with a tissue
<input type="checkbox"/> Stop, think, say/go	<input type="checkbox"/> Use hand sanitizer when you don't have access to soap and water.
<input type="checkbox"/> Walk away	
<input type="checkbox"/> Take a break	

Directions: Students should decorate each character and then cut it out. Attach to either paper bags or craft sticks to create puppets. Use the puppets to retell the story.

