












Story Resources

SELF MANAGEMENT

Story Title	Theme	Performance Character Strengths	Audio	Activity & Discussion Questions	Vocab
The Turtle Who Just Couldn't Keep His Mouth Shut	A story of self-control	Responsibility, Self-discipline		 	 
 Module 1: Introduction to Story and Story Concepts					
 Module 2 : Exploring Story Vocabulary					
 Module 3 : Story Discussion					
 Module 4 : Story Retelling					
 Mindful Moments					
 Story Map					

The Vocabulary Cards

There are two sets of
Vocabulary Cards.
Small fit two to a page.
Large fit one to a page.

Each card includes:
-front: the vocabulary word/s
and an image
-back: a definition and
sometimes an example or
activity

wisdomthinkers



self-control

Snappy

wisdomthinkers

Being able to stop your body from
doing something it shouldn't, and
being able to stop and think
before you make a choice. Only
you can control your thoughts,
body, and words.

*Example: When you really want to
play a game, but you have to wait
for your turn. What can you do to
stay calm?*

*Activity: Play freeze tag and discuss how students had to use
self-control*

The Modules

- Module 1: Introduction to Story and Story Concepts

- Module 1 Snappy Framework Slide Deck
- Module 1 Lesson 1
- Module 1 Lesson 2
- Module 1 Lesson 3
- Module 1 Lesson 4
- Module 1 Snappy Activity Slide Deck

+ Module 2 : Exploring Story Vocabulary

+ Module 3 : Story Discussion

+ Module 4 : Story Retelling

*There are 4 Modules.
Each Module includes:
- A Framework Slide Deck
- 4 Lessons
- An Activity Slide Deck*

The Lesson Plans

There are 4 Lesson Plans in each
Module.

- suggested lesson length is 20 minutes
- specific lesson questions and prompts are also included in the Framework Slide Deck notes

Story

The Turtle Who Couldn't Keep His Mouth Shut

Grade Level: UPK3

Module 1

Introduction to Story and Story Concepts

Lesson: 1

Suggested Story duration: 16 weeks

Approximate length of lesson: 20 minutes

Essential Question:

- Why is it important that we control our emotions, feelings and actions?

Enduring Understanding:

- When I practice self-management skills, I will be able to manage and express emotions in relationships, respect diverse viewpoints, seek help when needed, set and work on achieving academic goals.

Character Trait

- Responsibility
- Self-Discipline

SEL

- Self-Management

Lesson

- Snappy Coloring activity (with distractions)

Lesson Objective:

- Students will name things that are distracting.

The Framework Slide Decks



Snappy
A story of self-control

Lesson Framework for Module 1
Introduction to Story and Story Concepts





Snappy
A story of self-control

Essential Question (EQ)
Why is it important that we control our emotions, feelings and actions?

Enduring Understanding (EU)
When I practice self-management skills, I will be able to manage and express emotions in relationships, respect diverse viewpoints, seek help when needed, set and work on achieving academic goals.





Mindful Moment



Check-in



Activity Time



Wrap Up



There is a Framework Slide Deck for each Module.
Each Framework Slide Deck follows this same format.
Suggested prompts, activities and questions are found in the Notes section.

The Activity Slide Decks

There is an Activity Slide Deck for each Module.

Each Activity Slide Deck contains resources for the lesson activities.

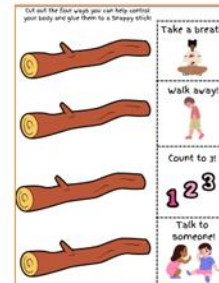
Activity Slide Deck for Module 1
Introduction to Story and Story Concepts



Click image to play the digital story

Snappy

A story of self-control



Take a breath!

Walk away!

Count to 3!

1 2 3

Talk to someone!